

COMPANION ANIMAL LOSS SUPPORT RESOURCES

SUPPORT HOTLINES

- Athens Pet Cremation 706-765-8190
- Lap of Love Pet Loss & Bereavement Hotline 855-352-5683
- Cornell University Pet Loss Support Hotline 607-218-7457

SUPPORT GROUPS

- Heart's Journey, UGA Veterinary Teaching Hospital (706-542-3221)
- Deceased Pet Care: Online: <https://www.deceasedpetcare.com/grief-and-healing/pet-loss-support-group>
- Lap of Love: Online: <https://petlosssupportgroupschedule.as.me/schedule/d5ca99cf/?categories%5B%5D=Support%20Group>
- BluePearl Vet Hospital Pet Loss Support (404-308-8731)
- Michigan State University: Online: <https://cvm.msu.edu/hospital/services/social-work/pet-loss-support-group>

ONLINE GRIEF RESOURCES

- Pet Loss Grief Support, Rainbow Bridge & Candle Ceremony - <https://petloss.com/>
- The Association for Pet Loss and Bereavement - <https://www.aplb.org/>
- The Pet Loss Support Page - <https://pet-loss.net/>
- Athens Pet Cremation - Support Groups, Grief Resources, and Books on Children's Grief - <https://www.athenspetcremation.com/grief-support>
- Letters to Pushkin <https://www.letterstopushkin.com/>
- VIDEOS:
- "Pet loss grief; the pain explained TEDx Talk with Dr. Sarah Hoggan" <https://www.youtube.com/watch?v=TkJGhQANjZo&t=37s>
- "Honoring the Bond: What is Grief" <https://youtu.be/sRINNtdnwE0>
- "Honoring the Bond: It's Okay to Feel Variety of Emotions at the End of a Pet's Life" - <https://youtu.be/Y-McbexRWM0>
- "Talking to Children about Pet Loss | The Parmenter Foundation" <https://youtu.be/IEuhbRyGM94?si=7UbTMZO1uNeVTKZe>

ONLINE PET LOSS ARTICLES:

- Paws, Whiskers, and Wags - "Importance of a Pet Loss Support Group" - <https://pawswhiskersandwags.com/the-importance-of-a-pet-loss-support-group/>
- What's Your Grief? - <https://whatsyourgrief.com/mans-best-friend-6-considerations-for-grieving-the-loss-of-a-pet/>
- Grief Healing - <https://www.griefhealingblog.com/p/pet-loss-articles.html>
- [griefhealingblog.com/p/pet-loss-articles.html](https://www.griefhealingblog.com/p/pet-loss-articles.html)
- Coping with Losing a Pet - <https://www.helpguide.org/articles/grief/coping-with-losing-a-pet.htm?pdf=13251>
- Do Companion Animals Grieve" - <https://vet.osu.edu/vmc/sites/default/files/import/assets/pdf/hospital/companionAnimals/HonoringtheBond/DoAnimalsGrieveFactSheet.pdf>

SUICIDE SUPPORT HOTLINE

- National Suicide Prevention Lifeline 9-8-8 OR 1-800-273-TALK (8255), suicidepreventionlifeline.org/

ADULT BOOK RECOMMENDATIONS

- "When Your Pet Dies: A Guide to Mourning, Remembering, and Healing" by Alan D. Wolfelt, Ph.D.
- "Paw Prints in the Stars: A Farewell & Journal for a Beloved Pet" by Warren Hanson
- "Heart Dog: Surviving the Loss of Your Canine Soul Mate" by Roxanne Hawn
- "Going Home: Finding Peace When Pets Die" by Jon Katz

CHILDREN'S BOOK RECOMMENDATIONS

- "The Invisible String" by Patrice Karst
- "Dog Heaven" by Cynthia Rylant
- "Cat Heaven" by Cynthia Rylant
- "The Goodbye Book" by Todd Parr
- "When Dinosaurs Die: A Guide to Understanding Death" by Laurie Krasny Brown and Marc Brown
- "A Gift from Rex" by Dr. Jim Kramer
- "A Terrible Thing Happened" by Margaret M. Holmes
- "Tear Soup" by Pat Schwiebert and Chuck DeKlyen
- "When a Pet Dies" by Fred Rogers
- "Healing Your Grieving Heart for Kids" by Alan Wolfelt, Ph.D.